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# WELCOME

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## to the 2022 Austin Roundup

On behalf of the board and the many volunteers involved in putting together the conference, I would like to welcome you to the 2022 Austin Roundup. We are grateful that you're here to fellowship with us.

When planning the theme for this year's conference we were coming out of a pandemic that had closed meetings, had taken some of us out, led many of us down a path of loneliness and isolation. Many of us lost jobs, faced eviction and lost loved ones. We were faced with having to dig deep into our recovery and trust our Higher Powers more than ever. Page 63 in the Big Book kept coming to mind for me during this time *"Being all powerful, He provided what we needed, if we kept close to Him and performed His work well. Established on such a footing we became less and less interested in ourselves, our little plans and designs. More and more we became interested in seeing what we could contribute to life. As we felt new power flow in, as we enjoyed peace of mind, as we discovered we could face life successfully, as we became conscious of His presence, we began to lose our fear of today, tomorrow or the hereafter. We were reborn."*

As you partake in this weekend's conference, I encourage you to self-reflect on how your sobriety has changed and grown since March 2020.

**Richard K.**

Conference Chair, Austin Roundup 2022  
"We Were Reborn"





FRIDAY, JULY 1: **DAY 1**



TIME	LOCATION	ACTIVITY
5:30–7:45 PM	Room 286	<b>Hospitality Suite Open</b> ( <i>Closed during speaker meetings.</i> )
5:30–7:45 PM	Registration Desk	<b>Registration Open:</b> Packet Pick-up & On-site Registration
<b>WORKSHOPS</b> 6:30–7:30 PM	Austin	<b>Cross the Line:</b> This interactive workshop will help reinforce a sense of community by recognizing our similarities. (Loretta M. & Jose E.)
	DeWitt	<b>Boundaries:</b> Why are boundaries important? Learning how to take care of self and contain self to nourish relationships. (Toni P.)
	DeZavala	<b>Connecting with Higher Power:</b> Share ideas with each other on what works to connect with your Higher Power. (Jason D.)
8:00–9:00 PM	Phoenix Central	<b>AA Speaker: Marti G.</b> (New York, NY)
9:30–11:00 PM	Outside Ballroom	<b>ARU22 Welcome Reception:</b> Food and Fellowship (For ARU Registrants Only)
11 PM–Midnight	Robertson	<b>Night Owl Meeting:</b> Open Discussion

## SATURDAY, JULY 2: DAY 2



TIME	LOCATION	ACTIVITY
7:15 AM–7:45 PM	Room 286	<b>Hospitality Suite Open</b> ( <i>Closed during speaker meetings.</i> )
7:30–8:30 AM	Robertson	<b>Early Bird Meeting:</b> Open Discussion
7:30–8:30 AM	Phoenix North	<b>Yoga</b> (Carrie F.)
8:30 AM–5:00 PM	Registration Desk	<b>Registration Open:</b> Packet Pick-up and On-site Registration ( <i>Closed during speaker meetings.</i> )
<b>WORKSHOPS</b> 9:00–10:00 AM	Austin	<b>Self Care in Sobriety:</b> Looking at ways we care for (or neglect) ourselves while being in recovery. (Heather W. & Marti R.)
	DeWitt	<b>You Don't Have to Relapse:</b> Warning signs of relapse... (Jeffrey M. & Otis L.)
	DeZavala	<b>Step 11 - Our Spiritual Journey on the Road to Happy Destiny:</b> Explore how the daily practice of Step 11 moves us out of self and into spiritual service to others. (Lisa H.)
	Robertson	<b>Spiritual Understanding of Sexual Positivity:</b> A discussion about how you can apply spiritual principles to daily sex positive self care acts. (Miguel Á.)
10:15–11:15 AM	Phoenix Central	<b>AI-Anon Speaker: Lydia C.</b> (Dallas, TX)
11:30 AM–1 PM	Phoenix South	<b>Lunch &amp; Drag Bingo</b> (Vylette Ward & Alysha Pretty. <i>Ticket Required.</i> )
1:15–2:15 PM	Phoenix Central	<b>AA Speaker: Jason D.</b> (Austin, TX)

## SATURDAY, JULY 2: DAY 2



TIME	LOCATION	ACTIVITY
<b>WORKSHOPS</b> 2:30–3:30 PM	Austin	<b>Trans-Sober:</b> Explore navigating through gender, transitioning, and living life as a Transgender person in recovery. (Luz G.)
	DeWitt	<b>4th Step - May the Fourth Be With You:</b> Working the steps can be tricky. The 4th Step is part of the process. It's nothing to be scared of. (Karen I.)
	DeZavala	<b>Breadcrumbs and Cake :</b> For many people in recovery, we may have settled for breadcrumbs when it comes to relationships and intimacy, when what we wanted was cake. (Brandon P. & Courtney C.)
	Robertson	<b>HIV/AIDS in Recovery:</b> The dialogue has changed, but misinformation and stigma remains. Participants will share their experience, strength, and hope around living sober with HIV. (Victor M. & Ethan T.)
	Phoenix North	<b>The Rhythm is Gonna Get Ya:</b> Tapping into spirituality through music. (Shannon B. & David M.)
<b>WORKSHOPS</b> 4:00–5:00 PM	Austin	<b>Recovery Fundamentals - Back to Basics:</b> A back-to-basics view of recovery. The steps are broken into sections based on surrender, sharing, amends, and guidance. (Shane K. & Gilbert V.)
	DeWitt	<b>Navigating Nightlife in Sobriety - We are not a glum lot!:</b> How to be a participant as a nightlife employee and a patron as a sober fellow. (Marti C.)
	DeZavala	<b>Forming A True Partnership With Another Human Being:</b> Lasting relationships are rooted in the principles we learn from the steps and traditions. Discover how to apply this practice in all our relationships. (Rob & Solis R.)

*Workshops continued on next card.*

## SATURDAY, JULY 2: DAY 2



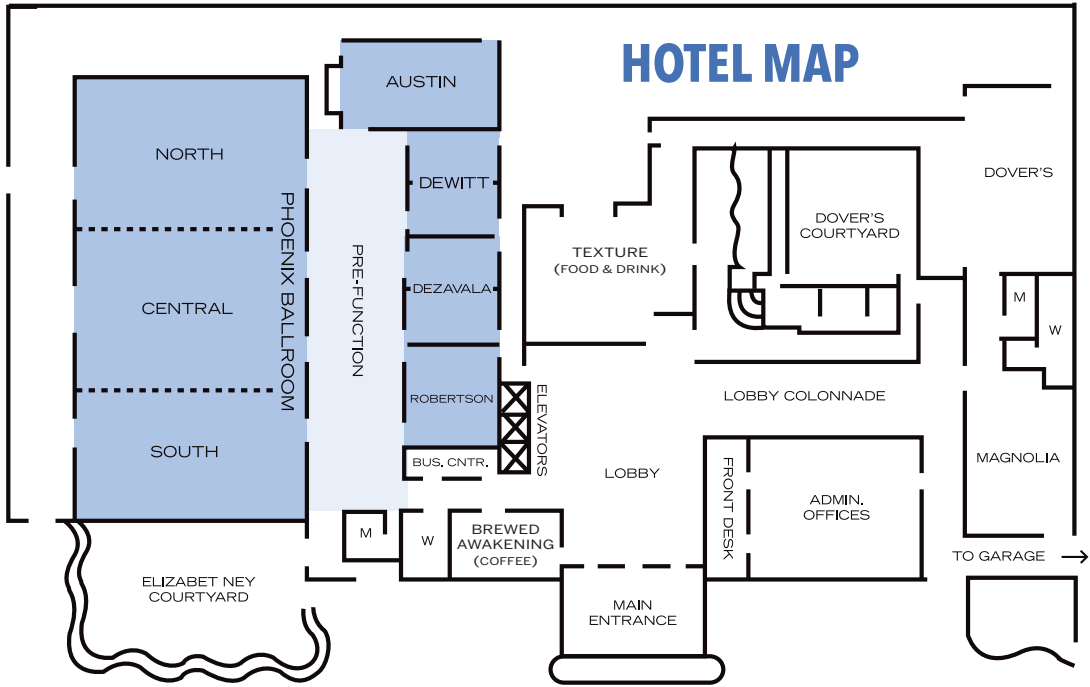
TIME	LOCATION	ACTIVITY
<b>WORKSHOPS</b> 4:00–5:00 PM	Robertson	<b>Emotional Sobriety - WTF?:</b> Learn how to break the cycle of sabotage and repeated negative behaviors. (Lydia C.)
5:00–6:00 PM	—	<b>BREAK</b>
6:00–6:30 PM	Phoenix Ballroom	<b>Banquet Seating Opens</b> ( <i>General seating opens at 7:20 PM.</i> )
6:30–8:00 PM		<b>ARU22 Banquet</b> ( <i>Ticket required.</i> )
7:30–8:00 PM		<b>July Birthdays &amp; Sobriety Countdown</b>
8:00–9:00 PM	Phoenix Ballroom	<b>CMA Speaker: Miguel Á.</b> (New York, NY)
9:15–10:00 PM	Phoenix Ballroom	<b>Marti &amp; CO.</b>
11 PM–Midnight	Robertson	<b>Night Owl Meeting:</b> Open Discussion

## SUNDAY, JULY 3: DAY 3



TIME	LOCATION	ACTIVITY
7:15–10:15 AM	Room 286	<b>Hospitality Suite Open</b> ( <i>Closed during speaker meetings.</i> )
7:30–8:30 AM	Robertson	<b>Early Bird Meeting:</b> Open Discussion
7:30–8:30 AM	Phoenix North	<b>Yoga</b> (Victoria McD.)
<b>WORKSHOPS</b> 9:00–10:00 AM	Austin	<b>Upgrading Your God:</b> Are you exhausted from trying to manage and control your life? Do you imagine what it would feel like to let it go? Join us to explore the emotional shift that occurs when you stop playing God and start relying on God. (Paige M. & Mandy C.)
	DeWitt	<b>Just How Spiritual Am I?:</b> Get a greater understanding of your spiritual journey. (Dennis P.)
	DeZavala	<b>Backaches and Other Stuff That Won't Go Away:</b> Many of us struggle with chronic disease or chronic pain, so what are we going to do about it? We're gonna discuss some helpful stuff. (Robin B. & Sarah S.)
	Robertson	<b>12 Shades of Gray:</b> Define black and white thinking and explore ways to think more in the gray. (Ruth L.)
10:30–11:30 AM	Phoenix Central	<b>AA Speaker: Shannon B.</b> (Austin, TX)
11:30 AM–12 PM	Phoenix Central	<b>Raffle Drawing</b> ( <i>Must be present to win.</i> )
12:00 PM	Phoenix Central	<b>Closing &amp; Farewell</b> — ( <i>Keep comin' back!</i> )

# HOTEL MAP





## CONFERENCE INFORMATION

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**CONFERENCE APP:** Online schedule and conference app are available to view via QR code at the registration table, and also online at [www.austinroundup.com](http://www.austinroundup.com)

**CONFERENCE:** Workshops, reception, and entertainment are for registered conference guests. The speaker, night owl and early bird meetings are open to everyone. Your punctuality helps us stay on schedule.

**REGISTRATION TABLE:** Packet pick-up and on-site registration are available. Hours are listed on the schedule. *Registration is closed during speaker meetings.* Tickets for the banquet and luncheon are sold at the registration table while supplies last.

**DIETARY PREFERENCES:** Special requests are handled during registration. Please check your registration badge to ensure your preferences have been marked accordingly.

**SATURDAY BANQUET:** Sign-up sheets for banquet seating will be at the registration table Saturday morning.





## CONFERENCE INFORMATION

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**HOSPITALITY SUITE:** Located on the 2nd floor in **Room 286**. Hours are listed on the schedule. *The Hospitality Suite is closed during speaker meetings.*

**RAFFLE:** Tickets will be sold throughout the conference. The drawing will be after the Sunday morning speaker. *You must be present to win.*

**RECOVERY BIRTHDAYS:** July anniversaries will be celebrated on Saturday evening. Sign up at the registration table by noon Saturday to receive a chip.

**TOBACCO & VAPOR USE:** There is no smoking or vaping inside the hotel. The designated smoking areas is located in the Elizabeth Ney courtyard, near Pheonix Ballroom South.

**SOCIAL MEDIA:** Photos are *prohibited* during workshops and speaker meetings. Please respect each others' anonymity. Ask before you post or tag photos from this weekend.



## TRUSTED SERVANTS

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### ARU 2022 Board

Conference Chair: **Richard K.**  
Director of Operations: **Dustin N.**  
Director of Finance: **David B.**  
Director of Fundraising: **Phillip S.**  
Director of Marketing: **Tré C.**  
Secretary: **Amy Z.**

Conference Co-Chair: **Peter T.**  
Co-Director of Operations: **DJ K.**  
Co-Director of Finance: **Jeffrey M.**  
Co-Director of Fundraising: **Ken S.**  
Co-Director of Marketing: **Abraham J.**

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### Operations Committees

Programming: **Jeff L. & Robin B.**  
Registration: **David Y. & Otis L.**  
Hospitality: **Joe P. & Jeffrey M.**

Raffle / Silent Auction: **Scott M.**  
Volunteers: **Peter N.**

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### Fundraising Committees

Dragoween 2021: **Lydia C. & Nicole T.**  
Sober Prom 2022: **Ken S., Jose E., & Lydia C.**  
Prom Court 2022: **Johnny A., Peter N., Gabriel V.R., & Peter T.**  
Best of Bowl-a-thon Judges 2022: **Kevin I., Flipper C., & Johnny A.**